

# Prairie Star Press

Prairie Star Quilt Guild  
St. Charles, IL

Volume XLVI  
PSQG website: [psqg.org](http://psqg.org)

Issue #8  
February 2025

## GRATITUDE IS THE ANTIDOTE

6 more weeks of winter? UGH! Anyway, that's what Phil, the rodent, tells us. Getting back home from Florida a week ago, I see cloudy skies, barren trees, no green, and stuffing myself into layers of clothes just to go outside. Any one of us could dwell on the negative and get mired down by it. The antidote to this is.....gratitude!

I want to see the beauty winter brings, the small successes each day, and reaching out to my favorite people.....quilters. We all know, quilters are in it to basically relish the feeling of snuggling in a quilt, take pleasure in the process of quilt making, or delight in giving a hand made quilt to another precious human, knowing it was a gift from the heart.

One way to keep these like-minded people in our presence is to join them in their interests. With that said, our guild has lots of ways to join in. Community service, joining a bee, Quilts of Valor,

our quilt show, and giving some time to our guild by being on the board. We have quite a few openings this year. I have personally held six different positions over my 43 years with this guild. I have benefited in each position by getting to know some fabulous people.

Now, instead of your mind cycling through a list of all the reasons not to volunteer, turn it around and think of all the good it could bring you. It comes back to gratitude... making the choice, looking forward to the joy it will bring, and working together with others who share your passions.

Please let Sue P. or any board member know if you'd like to look into serving or at least getting some details about it. Gratitude is a choice that we intentionally activate in our minds.

With warm thoughts,  
Cindy K., President

### In this issue:

Gratitude .....	1
Updates & reminders ....	2-3
Upcoming programs .....	4
March Workshops .....	5
Ads .....	6
Birthdays & Board members .....	7

### Upcoming Guild Meetings:

February 24, 2025 at 7 pm  
February 25, 2025 at 9:30 am

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March 24, 2025 at 7 pm  
March 25, 2025 at 9:30 am

**February** meeting held via Zoom.  
Check your email for the link.

**March meeting in person:**  
Congregational United Church of  
Christ  
40W451 Fox Mill Blvd.  
St. Charles, IL

### Next Newsletter Deadline:

Thursday, March 6, 2025.  
Send info to Melanie Murphy at  
[melaniemakeups@gmail.com](mailto:melaniemakeups@gmail.com).

# COMMUNITY PROJECTS

Thank you so much for all you do for our community and the guild's programs! Check out [tutorials on the website](#) to see the guild's programs and the program leaders.

Thank you for supporting the local Quilts Of Valor. You're invited to the QOV sew-ins held monthly on the first Tuesday at the Moose Lodge in St. Charles, and the 3rd Tuesday at the VFW in Montgomery. Contact Rita for more information.

Kim Pedersen of NWM Marionjoy sent a thank you letter to Linda S. (it has been edited):

*Dear Prairie Star Quilt Guild. I want to thank you so much for the work you have put into making marble mazes for the patients. Patients that come here often need to relearn how to use their hands and minds again and these mazes help them work on both of those areas. I just wanted to make sure you all know the positive impact you are making on the journey to healing and wellness for many of our patients.*

Fidget quilts and marble mazes are needed! Kits are available or you can check out the PSQG Community Projects [webpage](#) for videos and size requirements to make them from your own stash. NICU isolette blanket kits are also available. If you need a kit or have questions, please contact Linda S.

Residential Hospice in Lisle asks for quilts and comforters for their patients. Pin a note to the item if it's been washed (unscented detergent, no softener is preferred). They will also accept fidget quilts and marble mazes. Contact Sheila C. if you have items.

Thank you to the supporters of our Quilts for Kids Program. **This is also a gentle reminder that the hospitals do not want kids quilts larger than 40" x 52"**. Batting donations are welcomed! Please contact Sandi W. if you have any questions.

Port pillows are attached to the underside of a crossbody seatbelt and positioned over the patient's infusion port. The pillows are given to Phil's Friends, a local organization that supports those affected by cancer. Kits are available, although you can use fabric, stuffing, and hook & loop from your own stash. Contact Pam S. and Ann G.

Got scraps to fill a pet bed? We have pet bed kits for you! We are not collecting dog beds. Please drop off your completed dog beds at a [shelter or foster near you](#).

Not sure who to contact? You can email Community Projects via email right on the [PSQG website](#)! Your message will be forwarded to the appropriate project leader.

— Sheila Cisco, Community Projects Coordinator

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## 2026 QUILT SHOW

We have a date at the DuPage Event Center & Fairgrounds of October 16th & 17th, 2026 (Friday & Saturday) for the 2026 Quilt Show and want to remind you to save the dates. But it's not just about the week of the show. A lot of

planning and prep work goes into the show.

Have you taken a few moments to think about what you'd like to do to help with the show?

Is there something that you'd like to do? What would you

like to be involved with?

Do you want to be involved with an area but not be "in charge"? Are you not sure but would like to talk about what you'd like to do?

Contact Sue Ann R.

## APRIL MEETING FUN

At April's meeting, we will have a fun activity. A pin cushion game will involve an exchange of either hand made or purchased pin cushions.

Those that bring one, will take one. Then, members will vote for their 3 favorites and the makers of the top 3 will each receive a fabulous prize.

Infuse your contribution with creativity or bring that terrific store-bought treasure.

- Nanci M.



## UPCOMING RETREATS & EVENTS

The Virtual Zoom Retreats continue on the 4th weekend of every month, Saturday and Sunday.

The next chat is February 22 & 23. [Sign up](#) to receive your zoom invitation. Come join in on the fun!

Registration is full for the in-person retreat at the Hampton Inn & Suites in Aurora, scheduled for March 27-30, 2025. If you would like to be on the waiting list, please email [activities@psqg.org](mailto:activities@psqg.org). We also have retreats in August and October. Visit our website to learn more.



## UPCOMING PROGRAMS

All programs subject to change. More info, sign ups & dates on our website.

### February 2025

Rob Appell, Rob Appell Designs

### March 2025

Chris Schulte, Green Light Quilts

### April 2025

Business meeting and fun!

## OUR WEB STORE IS OPEN



Place your order and select pick-up instead of shipping. Susan E. will pick up your order and contact you to make arrangements for delivery. We also have the white travel mugs available. Contact Susan E. if you'd like one.  
[psqgstore.logofactoryusa.com](https://psqgstore.logofactoryusa.com)



### February Fun with Rob Appell!

I love teaching people to sew and quilt. Inspiring creativity is my passion! I got my hands on a needle and thread at a very young age and I've always enjoyed making art.



When I'm not behind a sewing machine you'll find me in my native habitat: surfing and hiking on the beautiful California coast! I'm an advocate for wildlife conservation and I also play the guitar. Many of my quilts are directly influenced by the time I spend in nature and feature landscapes, animals, and music.

## SHOW & TELL

During our virtual meetings, you have the best seat in the house for show & tell! To include your quilts in our virtual show & tell, [submit your pictures and description](#) before **February 21, 2025**.

Items submitted the weekend prior to the scheduled guild meeting may not be shared until the following meeting. I'm excited to see what you've been working on!



# UPCOMING WORKSHOPS

**March 24, 2025**

Aunt Margaret's Scrap Basket Workshop

Join the fun at the March 24, 2025 workshop, Aunt Margaret's Scrap Basket. Work on these new techniques from 9 am to 3 pm for \$65. This will be our first workshop for the 2025 year. Learn some new half square triangle techniques and enjoy a day of fun sewing with friends, new and old.

Chris Schulte from Green Light Quilts will be teaching a full day workshop on Monday. She guarantees to instruct and entertain us for the day. At the workshop you will make one block. From this block you can make 20 blocks for a quilt, 4



blocks for a table topper or 1 block for a wall hanging. The possibilities are endless.

— Barb Tuman

In addition to the half square triangle, raw edge applique will be used to make the flowers, blossoms, and leaves.

Have some fun and register for the workshop to show Chris what a great guild we have.

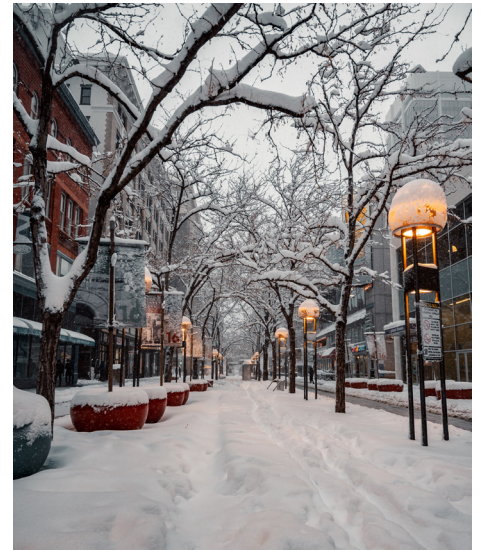
## ETIQUETTE REMINDERS

As we start our Winter on-line meetings, please keep a few things in mind when you're on Zoom:

- Start Zoom well before the meeting to check for updates and allow them time to install.
- Familiarize yourself with Zoom and where the mute and video buttons are for your set-up.

- Join the meeting on time.
- Mute yourself when you're not participating in a conversation.
- Turn off background noise like radios and televisions before the meeting.

We're looking forward to seeing everyone virtually, and we're glad we don't have to worry about going out in the ice and snow!



**Salt Creek Quilters Guild**  
presents

# A Kaleidoscope of Quilts Quilt Show & Auction

**2025**  
**Saturday April 5th 9am-5pm**  
**Sunday April 6th 10am-4pm**  
 admission \$7.00

## Live Quilt Auction

Sunday April 6th 1pm-3pm

A portion of the auction proceeds will be donated to  
**Wellness House of Hinsdale**



**Highlands Middle School**  
**1850 Plainfield Road, La Grange, IL**

Hundreds of quilts, special exhibits, shopping, bake sale, raffle baskets

[www.saltcreekqg.org](http://www.saltcreekqg.org)



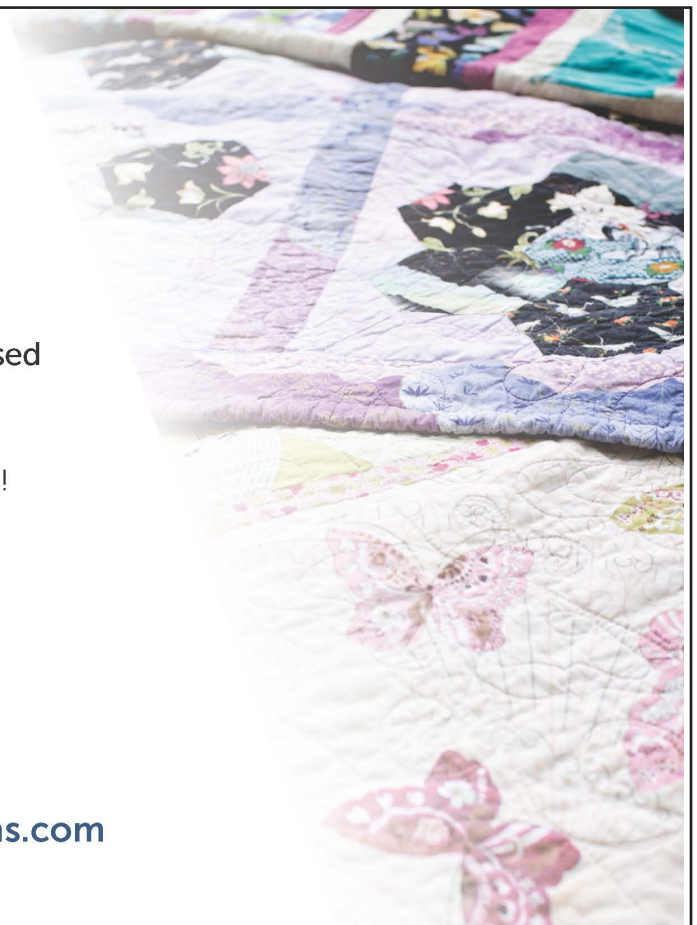
## Longarming Services

Providing a collaborative and customer focused approach to longarming!

- See patterns on your quilt, before longarming!!
- Computerized Edge to Edge
- Crib to King capabilities
- Currently running 4-6 week turnaround
- Stocked Batting
- Simple Flat Rate Pricing
- Rewards Program

Have a quilt ready to Longarm?

Email us at [longarming@jfquilteddesigns.com](mailto:longarming@jfquilteddesigns.com)





*Narcissus*  
**MARCH  
BIRTH FLOWER**

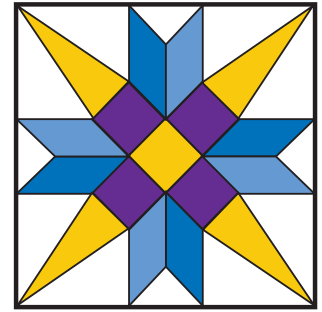
Rebirth  
Faithfulness  
Prosperity



*Daisy*  
**APRIL  
BIRTH FLOWER**

Purity  
Innocence  
Loyal love

*Happy Birthday to all our members who have their special day in March and April. For privacy, I will no longer list the names here.*



**2024-2025  
BOARD  
MEMBERS**

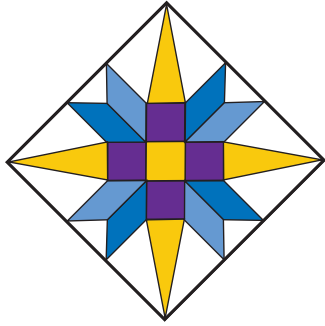
- President:** Cindy Krelle
- Evening VP:** Barb Tuman
- Daytime VP:** Susan Egner
- Programs VP:** Zohra Arastu
- Secretary:** Ruthann Heidgerken
- Treasurer:** Lori McMahan
- Membership:** Aileen Vogel
- Newsletter:** Melanie Murphy
- Education:** Chris Schwarz & Foxy Beez
- Activities:** Nanci McAtee
- Media:** Nancy Krasinski
- Tech support:** Chris Macenski
- Bee Keeper:** Beth Koos
- Library:** Liz Fitzgerald
- Community Projects:** Sheila Cisko
- Nominations:** Sue Plaster
- Contracts:** OPEN

**NEW BOARD NOMINATIONS**

Get more involved with your guild.  
It's the time to start searching for the new board members who will take over in June 2025.

I am stepping down as newsletter chair, and there are also several other open positions that need to be filled. Please talk to our Nominations chair, Sue P., if you are interested in filling a position.

# FEBRUARY 2025 ISSUE



Prairie Star Quilt Guild

P. O. Box 1460

St. Charles, IL 60174-1460

FIRST CLASS MAIL

Dated Material

## ADVERTISING RATES

1/8 page      \$10/issue (business card size)

1/4 page      \$20/issue

1/2 page      \$40/issue

Above rates apply to a single issue. A purchase of the same-size ad for a year (10 issues) earns a 10% discount. Ads accepted only for quilting or quilt-related subjects and must be prepaid. Refer to our website for details.

Deadline for ads (getting copy or camera-ready artwork to the Editor) is the first of the month in which you wish the ad to appear. Call or email the Editor if you have any questions.

## SUBSCRIPTION INFORMATION

**Prairie Star Press Subscription Only Rate:** Non-members of PSQG wishing a subscription to the Prairie Star Press may subscribe for \$15/year (10 issues). Make check payable to PSQG and send to PSQG, P.O. Box 1460, St. Charles, IL 60174-1460. PSQG trades complimentary issues of the Prairie Star Press with other guilds upon request.