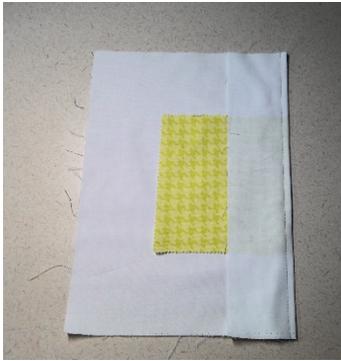


Square in a square (or rectangle in a square) the Easy Way

- Cut your background blocks whatever size you wish...you can use precut 10" or 5" squares to make it even easier.
- Cut your inner piece—they can be squares or rectangles and can be same size or different sizes
- Place the inner piece where you want it in the square. (You don't want them all to be in the same place as you will have multiple thick seams to seam together and later quilt).
- Make sure that the inner piece is parallel to one side of the outside block
- Fold the outside block over one side of the inner piece (you can finger press or iron, your choice)
- Sew a ¼" seam across the outer piece, capturing the inner piece within that seam.
- Do the same thing for remaining three sides
- Voila! A finished block in a matter of minutes.



Enjoy!

Jane Moore and Cecilia Scow