

Port Pillows For Chemo Patients

A port pillow is a small cushion that attaches to a seat belt or purse strap to relieve pressure on a cancer patient's portacath to relieve discomfort and irritation.

Port pillows are quick and easy to make. A great use for your scraps!

Materials:

2 - 4.5" squares of fabric

1 - 3.5" strip of Velcro (5/8" or 3/4" width)

Polyester fiberfill or batting

Directions:

- Cut two pieces of fabric into 4.5" squares.
- Cut one piece of Velcro that measures 3.5".
- Place one fabric square right side up.
- Separate the Velcro strip. Take the loop tape (soft side) and line up one end on the right edge in the middle of the square. Leave the other end free inside the square. Pin in place.
- Repeat with the hook tape (rough side) on the left edge. Pin in place.
- Baste the Velcro to the fabric using an 1/8" seam allowance.
- Put the fabric squares together and sew all the way around with a 1/4" seam allowance, leaving an opening about 1.5-2" at one end (be sure not to catch "free" ends of the Velcro pieces in the seam).
- Turn the fabric right side out.
- Stuff with polyester fiberfill or batting to a thickness of about 1"- 1.5".
- Whip stitch or top stitch the opening closed to finish.

Port pillows will be donated to Northwestern Cancer Center at Delnor for distribution to cancer patients in our community.

Thank you for your support!