

# Prairie Star Press

PRAIRIE STAR QUILTERS GUILD  
St. Charles, IL

PSQG Website: <http://www.psqg.org>

VOLUME XXXVI, ISSUE NO.8  
February, 2016

## From the Evening Vice President...

Hello sewing sisters! Well, the groundhog has made his weather prediction, the Iowa caucuses and Valentine's day have come and gone. Ceasar's dreaded Ides of March and tax day are looming...AND it is a quilt show year!

How are all of your projects coming along? I do hope you are stitching away at something you will be entering in the Guild's fall extravaganza. It would really be nice if we could have every member represented in our great display with at least 1 item. Don't sell yourself short – we want your participation no matter the skill level. Remember, we all were beginners at some point and as Lady Catherine deBourgh told Elizabeth Bennet, "You will never play really well unless you practice more." [*Pride and Prejudice*] Be daring and challenge yourself to make an entry, especially if you have never done so before. Don't forget items for the boutique, entry gifts, and your time volunteering in some capacity at the show.

We should be proud of what we can accomplish as we work together to share our love and passion for quilts! See you all soon as we take in all that Lyric Kinard has to share at this month's meetings.

*Susie Wing, Evening Vice President*

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**Next newsletter deadline:**

March 3, 2016, 6:00 p.m.  
Send info to Alissa Kantola at  
[joy14@hotmail.com](mailto:joy14@hotmail.com).

## April Garage Sale

Time for spring-cleaning! At our April Annual Business Meeting we will be having our ever-popular "Quilters Garage Sale." If you are interested in reserving a free space, either a half or a full table, sign up at the programs table at the February or March meetings or email Joanne Sattler, [joanne.sattler@gmail.com](mailto:joanne.sattler@gmail.com), no later than March 29<sup>th</sup>. If you can't fill a full space consider sharing with a bee or a buddy. And be sure to come to the business meeting the evening of April 25<sup>th</sup> to find your newest treasures!



## Education Table

When you are on shop hop and find a fabric you like are you asking yourself how much do I need for a back or how many 2½ squares can I get from a fat quarter? I do so I have been gathering all type of quilting calculations for a handy pocket guide as a hand out for February. Be sure to stop by and see me to get one.

I have to make a quilt for one of my niece's sons. The quilt is made up of all half square triangles so I thought it would be nice to share some way of making them.

One of my favorite ways is to make them a little larger and square them up for a perfect half square triangle with a Bloc Loc ruler, you know it is all about the tools. [www.blocloc.com](http://www.blocloc.com) I'll show you how to use this ruler to make perfect triangles in March.

If there is anything I have not previously covered at the Education Table that you would like to see let me know. Or if you have a talent you would like to show the members I can schedule you for a month of show and tell. Just send me your ideas and I'll do my best to come up with a program. [jnehubbard@prodigy.net](mailto:jnehubbard@prodigy.net)

Happy Stitching!  
Edith Hubbard, *Education Chair*

## 2016 Quilt Show News

This month we will be putting the quilt entry forms (one for judged quilts and one for quilts that will be displayed but not judged) on the PSQG website. Kathy Steere and her committee have made some revisions to the form, and we will describe them at the guild meetings. Don't panic! They won't be due

Half Square Triangles



## A peek at 2016

Month	Speaker
Feb.	Lyric Kinard <a href="http://lyrickinard.com">lyrickinard.com</a>
March	Mary Sorenson <a href="http://MaryAppliques.com">MaryAppliques.com</a>
April	Annual Business Meeting
May	Banquet speaker: Susan Carlson <a href="http://susancarlson.com">susancarlson.com</a>

until late summer.

Also, this month we would like to start working on our raffle baskets. Each month Barb Stewart (the creator of the final baskets) will highlight several basket themes and ask guild members to contribute items that they think would go nicely in one of those baskets. This month we are highlighting the very popular New Quilter Basket. Think about contributing a ruler in your favorite size, a beginner book, a tool you find invaluable, a fat quarter of fabric, a spool of thread, etc. We will have that basket theme every month. In February we will also highlight the Red, White, and Blue Basket - fabric, thread, a patriotic pattern, a small wall hanging/ table topper. The third theme for this month will be Fall - fall colored fabric, Halloween or Thanksgiving items, etc. We very much appreciate the generosity of guild members in helping put together these wonderful baskets.

We are slowly accumulating the card keeper door gifts, but we do need more. Thanks to all of you who have already made several of them. Keep working on those beautiful quilts! At every show and tell we see more quilts that should be entered in the show.

Chris Schwarz and Leslie Nyckel, *Quilt Show Co-Chairs*

## Programs and workshops

### February 22 and 23: Lyric Montgomery Kinard

Lyric Montgomery Kinard is an award-winning artist with a passion for sparking the creativity that she knows each of her students possess. With playful support and gentle encouragement she will take you through your first steps on a new path, seeing the world through the eyes of an artist. As an artist, author, and educator she transforms cloth into art in her studio and timid spirits into confident creatives in the classroom.



Lyric was recognized for her talents as the 2011 International Association of Professional Quilters Teacher of the Year and is the author of the book *Art + Quilt: design principles and creativity exercises*. She has written extensively for *Quilting Arts Magazine*, appeared on *Quilting Arts TV*, and has two DVD Workshops, *Surface Design Sampler Platter*, and *Bead It Like*

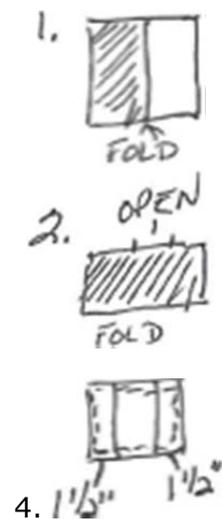
## Card Keeper Door Gift

1 – 8 ½ x 8 ½ fabric

1 – 8 ½ x 4 ¼ fusible interfacing

1. Fuse interfacing to the wrong side of fabric.
2. Fold in half right sides together and sew ¼" seam around leaving an opening to turn in the middle of the 8 ½' side.
3. Clip corners and turn right side out. Press turning opening ¼".
4. Fold each end in 1 ½" to make pockets. Then top stitch all the way around outside edge 1/8". Fold in half.

Note: You can also use two different fabrics each 8 ½ x 4 ½ and fusible interfacing 8 ½ x 4 ½ fused one of the fabrics. Sew all the way around as in step 2 then continue to steps 3 & 4.



## PGSG February 2016

*You Mean It.* She has studied with many well-known textile artists around the country and continues to expand her skills in the area of surface design. She has a BA in English Literature from the University of Utah and has also formally studied music and architecture. She currently lives in Cary, North Carolina with her husband and some of their five children.

<http://lyrickinard.com/>

## February Workshop

### The Elements of Art for Quilters

Kick-start your creativity and learn about the basic elements of good design through a series of short, hands-on exercises. Learn why some colors fizz while others explode, why some quilts calm and some excite. A few simple tools from the artist's kit will help you take your work, whether traditional or contemporary, to the next level.

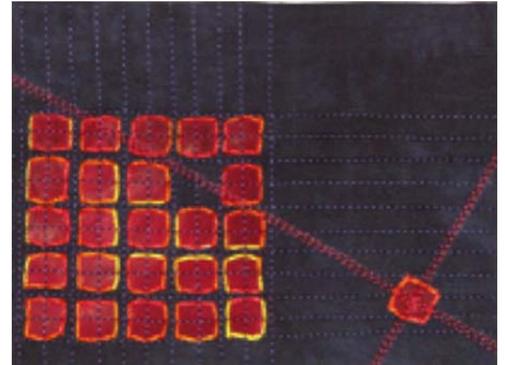
#### March 28 and 29: Mary Sorensen



March speaker, Mary Sorensen, is a former PSQG member who currently resides in Florida. Specializing in traditional fine hand appliqué done from her original patterns, Mary's distinctive design style is characterized by elegant, formal lines, complex layering of small pieces, and an emphasis on using a myriad of fabrics to create visual texture and

excitement. Her flawless appliqué technique, and humorous, hands-on approach to teaching have motivated students to return to handwork with enthusiasm.

Mary has taught and lectured at guilds and conferences throughout the United States, and designs and markets a full line of appliqué patterns sold in quilt shops across the country. In addition to exhibiting at the AQS annual show in Paducah, KY, and Quilt Expo VI in Innsbruck, Austria, Mary's appliqué was recognized with a blue ribbon at the IQA annual show in Houston, TX. Her work has also appeared in the AQS Quilt Art Engagement Calendar, *Traditional Quiltworks* magazine, *American Patchwork and Quilting* magazine, *Better Homes and Gardens Quilt-Lovers' Favorites* and in the Fairfield Processing Corporation ads. Check out her website at <http://maryappliques.com/>.



### The Elements of Art for Quilters workshop notes

<b>Date</b>	Monday, February 22 <sup>nd</sup> , 2016
<b>Hours:</b>	9:00 a.m. to 4:00 p.m.
<b>Cost:</b>	\$65 Members \$75 Non-members
<b>Supplies:</b>	<a href="#">Supply List</a>

### What's the Buzz?

This whimsical new design incorporating a dragonfly and a busy bee circling a bright summer flower is a great project to explore advanced techniques for precision hand appliqué. Refine your skills as you work with small, complex shapes, smooth curves, and precision placement. Learn a little about using specialty fabrics in hand appliqué. Students must have a comfortable knowledge of hand appliqué. Skill Level: Intermediate to advanced Emphasis: Needleturn technique



### Spectacular Blooms

Make your next floral appliqué project come alive. Working with floral appliqué designs in a paste-up format, students will learn to use a wide variety of fabrics freely to shade flowers, creating depth, excitement, and textural interest. Note: Photo is an illustration of the type of fabric shading students will be working with. It does not represent a class project. Skill level: Intermediate to advanced Emphasis: Fabric selection, this class does NOT involve sewing.

### What's the Buzz?

<b>Date</b>	Monday, March 28 <sup>th</sup> , 2016
<b>Hours:</b>	9:00 a.m. to 4:00 p.m.
<b>Cost:</b>	\$60 Members \$70 Non-members
<b>Supplies:</b>	<a href="#">Supply List</a>

### April 25: Annual Business Meeting – Garage Sale

### May 23: Annual Banquet: Susan Carlson

Susan Carlson is an artist by birth, a teacher by calling, and an author by choice. She has been developing and practicing her own technique of fabric collage quilting for over thirty years, teaching it for 20 years, and has written two books describing it (Freestyle Quilts and Serendipity Quilts).

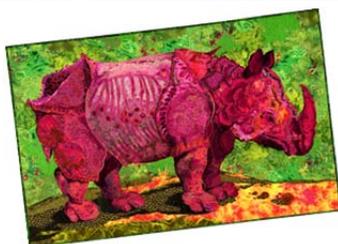


Each year she travels around the country and internationally helping hundreds of students to discover and set free the quilt artist inside. Her quilts have won awards from the American Quilter's Society and the International Quilt Festival. Susan is a graduate of the Maryland Institute College of Art. [http:// www.susancarlson.com](http://www.susancarlson.com)



### Spectacular Blooms

<b>Date</b>	Tuesday, March 29 <sup>th</sup> , 2016
<b>Hours:</b>	1:00 p.m. to 4:00 p.m.
<b>Cost:</b>	\$45 Members \$55 Non-members
<b>Supplies:</b>	<a href="#">Supply List</a>



May Workshops

What Goes Around Comes Around

Learn Susan's fabric collage method using a simple yet dynamic spiral as your subject. This abstract project will give you a complete overview of the technique, which can then be used for more complex subjects. Skills covered include: piecing, gluing, quilting, and finishing.



Cutting Loose – 2 Day Workshop

Cutting Loose demonstrates a looser approach to the piecing and assembly of a wall quilt. Emphasis will be placed on the collage piecing process. Patterns or templates will not be used. Instead, students will sketch their design onto a foundation fabric and fill in the design with fabrics of their choice. This encourages playfulness, serendipity, and a willingness to "cut loose." Due to time constraints, students need to create a fish, butterfly, or bug. Designs will be available from Susan for a small fee.

Joanne Sattler, 2015-2016 Program VP

May Banquet: Monday May 23rd

It is time to think about our Spring Banquet that will be held on Monday, May 23, 2016. Our guest speaker will be Susan Carlson. The banquet will be held at the Gaslite Manor Banquet.

This is a time when we can all put on our party dresses, relax and enjoy a great social evening with one another.

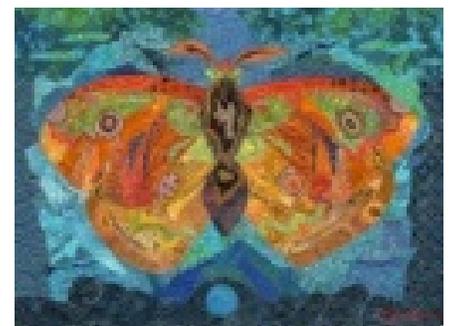
I will be asking one person to serve as the group's coordinator, the same as last year to:

- \* Complete a Group Sign-up Sheet (available on the website or at the chapter meeting starting in February).
- \* Collect money from the group
- \* Turn in the sheet and money together

This ensures that all those in a group can be at the same table. The tables can seat eight, nine, or ten. If there are less than eight in your group please complete a sign up sheet. If you are not in a group, please sign up at the Activities table.

What Goes Around Comes Around

<b>Date</b>	Sunday, May 22 <sup>nd</sup> , 2016
<b>Hours:</b>	12:30 p.m. to 7:30 p.m.
<b>Cost:</b>	\$65 Members \$75 Non-members <b>SIGN UP IN FEBRUARY AND SAVE \$5!</b>
<b>Location:</b>	Christ Our Savior Church 0S501 Summit Dri., Winfield, IL



Spectacular Blooms

<b>Date</b>	Monday-Tuesday, May 23-24 <sup>th</sup> , 2016
<b>Hours:</b>	9:00 a.m. to 4:00 p.m.
<b>Cost:</b>	\$130 Members \$150 Non-members <b>SIGN UP IN FEBRUARY AND SAVE \$10!</b>
<b>Location:</b>	Bethlehem Lutheran Church, St. Charles

## PGSG February 2016

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Dinner Choices are:

- \* Broiled Breast of Chicken Masala
- \* Broiled Alaskan Cod Filet
- \* Vegetarian Lasagna

There will be a cash bar starting at 6:00 pm and dinner will be served at 7:00 pm. The tickets for the dinner will be \$35.00. Location of the Gaslite Manor Banquet is 2485 Church Road, Aurora, Illinois. Sign up for the banquet will start at the Chapter meetings in February or you can contact Barbara Stewart at [barbarastewartone@gmail.com](mailto:barbarastewartone@gmail.com).

Barbara Stewart, Banquet Coordinator

## 2015-2016 Board

### Executive board

President	Joyce Jaksa
Programs Vice President	Joanne Sattler
Evening Vice President	Susie Wing
Daytime Vice President	Cindy Krelle
Secretary	Diane Hubberts
Treasurer	Sue Balsiger

### Board

Membership	Juanita Brook*
	Chris Berry*
Newsletter	Alissa Kantola
Education	Edith Hubbard
Media Chair	Yvonne Richter
Bee Keeper	Dawn Schultz
Library	Liz Fitzgerald*
	Janet Miller*
Community Projects	Debbie Long*
	Kathy Secor*
Contracts 2015-2016	Teresa Kasch
Nominations	Susan Strasser

Happy birthday to ...



Alice Bowdish	Mar. 1
Liz FitzGerald	Mar. 2
Joanne Bernhard	Mar. 2
JoAnn VanDril	Mar. 3
Marty Jacobsen	Mar. 4
Carolyn Mack	Mar. 6
Sandra Andrews	Mar. 7
Carol Fisher	Mar. 7
Laurel Kiburg	Mar. 7
Kim Jarodsky	Mar. 8
Amanda VanBoom	Mar. 9
Regina McNulty	Mar. 15
Lyneta Grap Piela	Mar. 15
Sue Balsiger	Mar. 17
Sharon Gaffor	Mar. 17
Judy Herman	Mar. 17
Nancy Shiner	Mar. 20
Linda Slusar	Mar. 20
Becky Hall	Mar. 21
Sue Needham	Mar. 21
Susan Jensen	Mar. 24
Isabel Krystal	Mar. 25
Leslie Nyckel	Mar. 25
Kathy Lupo	Mar. 29

## PGSG February 2016

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Quilt Show 2016 Co-Chairs Chris Schwarz\*  
Leslie Nyckel\*

### Non-board positions

Historian Erica Barrett  
Summer Gathering Diane Moore  
Spring Retreat Diane Moore  
May Banquet Barbara Stewart

\*Indicates Co-Chairs

## Community Projects

In January, thirty quilts and two pillowcases were donated to Ronald McDonald House, twelve fidget quilts were donated to the DuPage Convalescent Home and twelve pet beds were delivered to DuPage Animal Control! Remember that for every completed project you drop off between now and the June 2016 meeting, your name will be added to a drawing for a one-year membership to our Guild!

Please stop by the table to select a project or two. We also would be happy to have a couple of members join our group of volunteers who get together occasionally to sort through our donated stash and assemble kits. If that is something you would be interested in, please see us at either meeting, or email us at [dlmarch5@att.net](mailto:dlmarch5@att.net) or [krsecor@gmail.com](mailto:krsecor@gmail.com). Thanks for your support!

Deb Long (a.m.) and Kathy Secor (p.m.), *Community Projects*

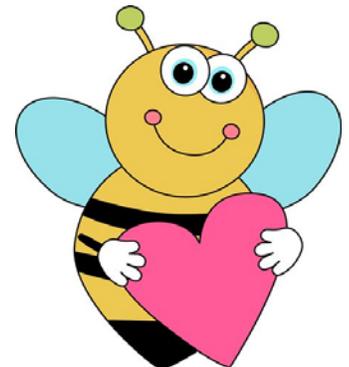
## From the Bee Keeper

There is no mountain high enough. . . there is no ocean wide enough that you can't ... **BEE My Valentine!**

"Valentine's Day, also known as Saint Valentine's Day or the Feast of Saint Valentine, is a celebration observed on February 14 each year. It is celebrated in many countries around the world, although it is not a public holiday in most of them.

The legend of a martyred Bishop (Valentinus) who later became Saint Valentine of Rome states that he was imprisoned for performing weddings for soldiers who were forbidden to marry and for ministering to Christians, who were persecuted under the Roman Empire. According to legend, during his imprisonment, he healed the daughter of his jailer, Asterius. An embellishment to this story states that before his execution

Donations to:  
Ronald McDonald House,  
DuPage Convalescent Home  
and DuPage Animal Control



## **PGSG February 2016**

(February 14) he wrote her a letter signed "Your Valentine" as a farewell.

Valentine's Day was first associated with romantic love in the High Middle Ages, when the tradition of courtly love flourished. In 18th-century England, it evolved into an occasion in which lovers expressed their love for each other by presenting flowers, offering confectionery, and sending greeting cards (known as "valentines"). Valentine's Day symbols that are used today include the heart-shaped outline, doves, and the figure of the winged Cupid. Since the 19th century, handwritten valentines have given way to mass-produced greeting cards."

Now what does this information have to do with Bees? Well, actually not much, except I thought this story was interesting stuff, and because I love Bees so much, asking you to "BEE MY VALENTINE" expresses my wish that you love Bees also. So to express your love of Bees, you need to join one - right! Soooo, I just happen to have the following lists for your convenience to help you choose a new **love!**

### Open Bees

- Art Quilt Bee – meets 3<sup>rd</sup> Wednesday evening/month at 7:00 p.m., Batavia
- Embroidery Bee – meets 2<sup>nd</sup> Thursday/month at 10:00 a.m., Winfield
- General Bee – meets 1<sup>st</sup> Monday evening/month at 7:00 p.m., Geneva
- General Bee/Let's Bee Friends – meets 3<sup>rd</sup> Wednesday at 10:00 a.m., St. Charles
- Knitting Bee/Knit Wits – meets 2<sup>nd</sup> Monday/month at 12:30 p.m., St. Charles
- Scrap Bee/Scrap Hunters – meets 2<sup>nd</sup> Wednesday/month at 10:00 a.m., St. Charles
- Scrap Bee/Scraps II – meets 3<sup>rd</sup> Friday/month at 10:00 a.m., Winfield
- Traveling Bee/Quilters on the Go – get together only when traveling

### Bees hoping to add a couple of new members

- General Bee/Mavans – meets 1<sup>st</sup> Monday/month at 9:30 a.m., members' homes

### Bees waiting to happen!

- Art Bee (daytime) – 2 on the list
- Embroidery Bee (daytime) – 3 on the list for a central to west-side location
- EQ Bee (daytime) – 1 on the list
- Longarm Bee (daytime/night) – 1 on the list for day; 1 for evening
- Modern Bee (night time) – 4 on the list
- Quilt Bee (night time) – 2 on the list



## PGSG February 2016

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- Wool Bee (daytime) – 1 on the list

If you are interested in adding your name to one of these Bee lists, see me!

*Dawn Schultz, Beekeeper*

## Recipe of the Month



### Samoa Bundt Cake

#### Ingredients

- 1½ cups semi-sweet chocolate chips
- ½ cup butter, softened
- 1 (16-ounce) package light brown sugar
- 3 large eggs
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 1 (8-ounce) container sour cream
- 1 teaspoon vanilla extract
- 1 cup hot water

#### Caramel Frosting

- ¾ cup butter (1½ sticks)
- ¼ cup jarred caramel sauce
- 3 cups powdered sugar
- 1½ to 2 tablespoons heavy cream or milk

#### Toppings

- 1½ cups sweetened shredded coconut, toasted
- Caramel Sauce
- Hot Fudge Sauce

#### Instructions

- Preheat oven to 350 degrees and grease and flour and bundt pan (or use baking spray).
- Melt chocolate chips in a microwave-safe bowl (heat at 20 second intervals) until smooth when stirred. Set Aside.
- Beat butter and brown sugar with an electric mixer until blended well, about 5 minutes.
- Beat in eggs one at a time.
- Beat in melted chocolate just until blended.
- Sift together flour, baking soda, and salt.
- Add flour mixture to batter, alternating with sour cream,

### Block of the Month List Courtesy of Quilt Habit Blog:

[2016 Aurifil BOM](#) - with Pat Sloan

[2016 Craftsy Block of the Month](#) - Craftsy

[2016 Secret Garden Mystery BOM](#) - Pat Sloan and [freequiltpatterns.info](http://freequiltpatterns.info)

[Adventurous Stars Paper Pieced Sampler BOM](#) - Adventurous Quilter

[Crossroads QAL](#) (suggested donation to March of Dimes) - Fat Quarter Shop

[Hello Kitty QAL](#) - Sukie Don't Ya Know

[Modern HST \(Half Square Triangle\) Sampler QAL](#) - Blossom Heart Quilts

[Project 48 Quilt](#) - Vine Lines Quilting and Raspberry Spool

[Splendid Sampler](#) - Pat Sloan and Jane Davidson

[Sugar Block Club 3.0](#) - Amy Gibson of Stitchery Dickory Dock

[Try Something New Every Month](#) - Swoodson Says and Hugs Are Fun

[Ugly Christmas Sweaters QAL](#) - Sew Fresh Quilts

beating at LOW speed just until blended after each addition.

- Slowly, with mixer on LOW speed, add hot water.
- Stir in vanilla.
- Pour batter into prepared Bundt pan.
- Bake at 350 degrees for 55 to 60 minutes or until a wooden pick inserted in the center comes out clean. Let cool 10 minutes in pan then remove cake from pan to cool completely.
- To make frosting, beat butter and caramel sauce until creamy. Gradually beat in powdered sugar. Beat in enough heavy cream to get to desired consistency.
- Spread frosting on cooled cake.
- Sprinkle toasted coconut on cake and drizzle with caramel sauce and hot fudge sauce.

Recipe source: <http://spicysouthernkitchen.com/samoa-bundt-cake/>



**For Sale:**

Bernina Record 930 Electronic - \$800  
Includes case and all accessories (pedal, cords, table, hands-free lift knee bar, 20 presser feet)

Contact: Kevin Livermore, St. Charles  
[Kevin.Livermore@yahoo.com](mailto:Kevin.Livermore@yahoo.com) or 630.797.8701 cell

### Scrappy Shamrocks

From The Sewing Loft Blog



#### Materials:

- Green fabric scraps
- Felt
- Button
- Poly fil
- Paper

#### Basic Instructions:

- Start with pressed scraps. Any size is fine but straight edges are a must.
- Place two pieces right sides together and with sewing machine; straight stitch 1/4" away from edge. Press open and continue to build your mini scrap quilt. To make this process easy, I worked in blocks; then joined them together to create one larger piece.
- Draw a quick Shamrock on scrap paper, pin and cut shape from felt.
- Pin felt shape to **wrong** side of mini quilt; straight stitch all around with machine (or blanket stitch by hand) leaving a small section open; lightly stuff with poly fil; stitch closed.
- Cut around your outline for your finished shape. Additional stitching can be added to the Shamrock for dimension.
- Attach button in the center through all layers.

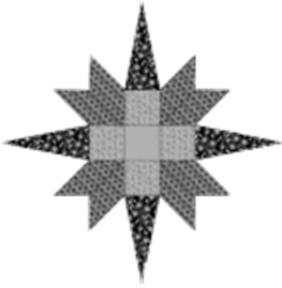


*Elizabeth Coleman*      *Owner & Worker-Bee*

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**Dated Material**

## **ADVERTISING RATES**

1/8 page \$10/issue (business card size)

1/4 page \$20/issue

1/2 page \$40/issue

Above rates apply to a single issue. A purchase of the same-size ad for a year (11 issues) earns a 10% discount. Ads accepted only for quilting or quilt-related subjects and must be prepaid. Deadline for ads (getting copy or camera-ready artwork to the Editor) is the first of the month in which you wish the ad to appear. Call or email the Editor if you have any questions.

## **SUBSCRIPTION INFORMATION**

**Prairie Star Press Subscription Only Rate:** Non-members of PSQG wishing a subscription to the **Prairie Star Press** may subscribe for \$15/year (11 issues). Make check payable to PSQG and send to PSQG, P.O. Box 1460, St. Charles, IL 60174-1460. PSQG trades complimentary issues of the **Prairie Star Press** with other guilds upon request.